

*Based on information developed by the North American Butterfly Association.

Top Butterfly Nectar Flowers

Abbreviations: A = alien species, N = native species

Flower	Height	Color	Bloom Season	Attracted Butterflies
Blue Porterwood (N) <i>Stachytarpheta jamaicensis</i>	5'	blue	all year	many
Firebush (N) <i>Hamelia patens</i>	6'+	red	all year	Zebra, Gulf Fritillary
Lantana (N/A) <i>Lantana</i>	2-4'	various	all year	many
False Heather (A) <i>Cuphea hyssopifolia</i>	shrub	lavender	all year	Polydamas Swallowtail, some Skippers
Citrus (A) <i>Citrus</i>	shrub		spring/summer	Giant Swallowtail
Butterfly Bush (A) <i>Buddleia</i>	4'	purple	spring-fall	Giant Swallowtail, Skippers
Pentas (A) <i>Pentas lanceolata</i>	3'	various	spring-fall	many
Salvia (sage) (N/A) <i>Salvia</i>	2'	blue	spring-fall	many
Scarlet Milkweed (A) <i>Asclepias curassavica</i>	3'	red	spring-fall	Swallowtails, Monarch
Senna (N) <i>Cassia</i>	5'	yellow	spring-fall	Cloudless/Orange-barred Sulphurs, Sleepy Orange
Verbena (N) <i>Verbena</i>	18"	various	spring-fall	Zebra
Zinnia (A) <i>Zinnia</i>	3-12"	various	spring-fall	many
Ageratum (A) <i>Ageratum</i>	1-2'	blue		many



Plant Recommendations for Butterfly Gardening*

(Zone 10 - Southwest Florida)

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Top Caterpillar Food Plants

Abbreviations: A = alien species, N = native species

Flower	Height	Butterfly Caterpillars
Citrus (A) <i>Citrus</i>	shrub / tree	Giant Swallowtail
Dutchman's Pipe (A) <i>Aristolochia macrophylla, elegans</i>	vine	Pipevine Swallowtail
False Nettles (N) <i>Boehmeria cylindrica</i>	3'	Red Admiral
Parsley, Dill, Fennel (A) <i>Carrot family</i>	6"-3'	Black Swallowtail
Passionvine (N) <i>Passiflora</i>	vine	Gulf Fritillary, Zebra, Julia
Red Bay (N) <i>Persia borbonica</i>	tree	Spicebush/Palamedes Swallowtails
Scarlet Milkweed (A) <i>Asclepias curassavica</i>	4'	Monarch, Queen
Senna (N) <i>Cassia chapmanii</i>	5'+	Cloudless/Orange-barred Sulphurs Sleepy Orange, Little Yellow